



ST JOHN FISHER PRIMARY

SPRING SUMMER 2023

WEEK ONE



PRIMARY MENU WEEK 1	'GREEN EARTH MONDAY'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Cheese & Tomato Pizza with Potato Wedges	Italian Chicken with Mixed Rice	Roast Chicken with Roast Potatoes & Gravy	Sausage Pasta Bake	Fish Fingers with Chips & Tomato Sauce
Vegetarian Main Course	Loaded Jacket Wedges with Cheese or Beans	Beany Tomato Ragu with Cous Cous	Vegetable Sausage with Roast Potatoes & Gravy	Vegetable Sausage Pasta Bake	Cheesy Pea Pasta
Halal		Halal Italian Chicken with Mixed Rice	Halal Roast Chicken with Roast Potatoes & Gravy	Halal Chicken & Tomato Pasta	
Jacket Potato and Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans, Salmon Mayo or Tuna Mayo
Sandwiches	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
Sandwiches	Tuna Mayo Sandwich	Ham Sandwich	Egg Mayo Sandwich	Ham Sandwich	Tuna Mayo Sandwich
Vegetables	Mixed Vegetables Mixed Salad	Garden Peas Carrots	Cauliflower Cabbage	Green Beans Sweetcorn	Baked Beans Garden Peas
Dessert	Oat & Raisin Cookie	Chocolate Sponge with Chocolate Sauce	Ice Cream & Banana	Vanilla Blondie & Apple Wedges	Strawberry Cake

Available Daily

Salad Selection, Fresh Bread,
Fresh Fruit and Yoghurts





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WEEK TWO



PRIMARY MENU WEEK 2	'GREEN EARTH MONDAY'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Cheese & Tomato Pizza with Diced Potatoes	Spaghetti Bolognese	Roast Chicken with Roast Potatoes & Gravy	Chicken Tikka Curry with Mixed Rice	Fish Fingers & Chips with Tomato Sauce
Vegetarian Main Course	Loaded Jacket Wedges with Cheese or Beans	Veggie Burger with Potato Wedges	Quorn Roast with Roast Potatoes & Gravy	Cheese & Onion Pastry Roll with Potato Wedges	Margherita Macaroni
Halal		Halal Spaghetti Bolognese	Halal Roast Chicken with Roast Potatoes & Gravy	Halal Chicken Tikka Curry with Mixed Rice	
Jacket Potato and Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
Sandwiches	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
Sandwiches	Tuna Mayo Sandwich	Egg Mayo Sandwich	Ham Sandwich	Ham Sandwich	Tuna Mayo Sandwich
Vegetables	Sweetcorn Garden Peas	Green Beans Cauliflower	Carrots Savoy Cabbage	Mixed Vegetables Sweetcorn	Baked Beans Garden Peas
Dessert	Flapjack Finger	Chocolate & Banana Muffin with Apple Wedges	Jelly & Mandarins	Fruity Jam Buns & Custard	Chocolate Ice Cream

Available Daily

Salad Selection, Fresh Bread,
Fresh Fruit and Yoghurts





ST JOHN FISHER PRIMARY

SPRING SUMMER 2023

WEEK THREE



PRIMARY MENU WEEK 3	'GREEN EARTH MONDAY'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Cheese & Tomato Pizza with Half Jacket Potato	Pork Hot Dog with Baked Potato Wedges	Roast Chicken with Roast Potatoes & Gravy	BBQ Chicken & Vegetable Burritos with Mixed Rice	Fish Fingers & Chips with Tomato Sauce
Vegetarian Main Course	Loaded Jacket Wedges with Cheese or Beans	Veggie Mince Pasta Bake	Vegetable Sausage with Roast Potatoes & Gravy	Cheese & Onion Flan with Diced Potatoes	Macaroni Cheese
Halal		Veggie Hot Dog with Baked Potato Wedges	Halal Roast Chicken with Roast Potatoes & Gravy	Halal BBQ Chicken & Vegetable Burritos with Mixed Rice	
Jacket Potato and Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
Sandwiches	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
Sandwiches	Tuna Mayo Sandwich	Ham Sandwich	Egg Mayo Sandwich	Ham Sandwich	Tuna Mayo Sandwich
Vegetables	Mixed Vegetables Garden Salad	Garden Peas Sweetcorn	Cabbage Cauliflower	Green Beans Carrots	Baked Beans Garden Peas
Dessert	Chocolate Shortbread Biscuit	Fruity Flapjack with Banana	Oaty Crunchy Biscuit	Apple Sponge & Custard	Chocolate Crispy Crunch

Available Daily

Salad Selection, Fresh Bread,
Fresh Fruit and Yoghurts

